



High Vitamin D Mushroom Powder

Agaricus Bisporus Mushrooms, also known as White Button or Champignon Mushrooms

- Contains high levels of Vitamin D2 > 5,000 iu/g
- Non-GMO certified by Amycel
- Cultivated and processed in the U.S.
- Contains no carriers
- Retains all original nutrient content of mushrooms
- Passes California Prop 65 as certified by Amycel to be free of lead, arsenic, mercury, and cadmium
- Vegan-friendly source of Vitamin D2
- Contains antioxidants, riboflavin, niacin, and copper
- Certificates: USDA and CCOF (California Certified Organic Farmers) Organic certified; Kosher certified



Distributed by:



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MONTEREY MUSHROOM
PRODUCT OF U.S.A.

High Vitamin D Mushroom Powder

Vitamin D deficiency is a worldwide epidemic, with over one billion people at risk for its associated diseases.

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Reports are appearing in the news media more and more often about the importance of Vitamin D. Increasing use of sunscreens effectively blocks the body from absorbing UVB rays, preventing the body from making its own Vitamin D. The truth is emerging: many people have inadequate stores of Vitamin D.

In August 2010, a landmark study reported that Vitamin D was found to influence more than 200 genes. Specifically, the research team found 2,776 binding sites for the Vitamin D receptor along the length of the genome.

Mushrooms as a source of Vitamin D2

It has long been known that edible fungi such as the white button mushroom are abundant in Vitamin D. Ground from certified-organic *Agaricus bisporus* mushrooms – widely known and eaten in meals – **High Vitamin D Mushroom Powder** provides superior levels of Vitamin D2. In its proprietary process, Monterey Mushrooms exposes *Agaricus bisporus* mushrooms to a low UVB light, which improves the Vitamin D content without damaging any of the mushrooms' other natural nutrients. When seeking an effective, clean and vegan-friendly Vitamin D2 ingredient, **High Vitamin D Mushroom Powder** is a perfect choice.

According to recent studies, Vitamin D2 has been shown to be as effective as Vitamin D3 in maintaining circulating concentrations of 25-hydroxyvitamin D. Further research has shown that natural forms of Vitamin D may be more effective than chemical extracts, making Monterey Mushrooms' Vitamin D2 even more attractive. Not only is **High Vitamin D Mushroom Powder** an excellent source of D2, but it also provides a host of antioxidants along with riboflavin, niacin, and copper – all in an entirely natural and organic product. *

Monterey Mushrooms High Vitamin D Mushroom Powder Specifications

Physical Characteristics:

Particle Size (Sieve)	80 Mesh
Moisture Level	Less than 7%

Chemical Analysis:

Vitamin D2	HPLC >500,000 IU/100g Compliant
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